

# QUALITY TIME

## The Adventure Challenge

<https://www.theadventurechallenge.com/>



Mix up weeknights with tons of activities that get you talking, playing, and giggling.

## Happily

<https://thehappily.co/>

What makes this different than others is that Happily allows you to set your personal preferences. The dates come planned based on your likes, dislikes, personalities, and any dietary restrictions in mind.



## 60 Days Til Summer Challenge

<https://www.abbyenglandwellness.com/60-days-til-summer-challenge/>



By doing this challenge together, you'll both come to appreciate prioritizing time for your self-care needs.